

| Pl                | tno  | Name                                     | Time  |                               |                               |                                |                                |                                |                                |                                |                                |                                |               |               |               |               |               |               |  |  |
|-------------------|------|------------------------------------------|-------|-------------------------------|-------------------------------|--------------------------------|--------------------------------|--------------------------------|--------------------------------|--------------------------------|--------------------------------|--------------------------------|---------------|---------------|---------------|---------------|---------------|---------------|--|--|
| Final A Masc (45) |      |                                          |       | 0,0 km 290 m                  |                               |                                | 22 C                           |                                |                                |                                |                                |                                |               |               |               |               |               |               |  |  |
|                   |      |                                          |       | 1(67)<br>15(114)              | 2(63)<br>16(112)              | 3(83)<br>17(142)               | 4(78)<br>18(122)               | 5(131)<br>19(144)              | 6(139)<br>20(116)              | 7(141)<br>21(124)              | 8(138)<br>22(200)              | 9(121)<br>Finish               | 10(115)       | 11(108)       | 12(153)       | 13(123)       | 14(120)       |               |  |  |
| 1                 | 2818 | Tiago Romão<br>[073] CMo Funchal         | 33:13 | 1:12<br>1:12<br>25:48<br>1:23 | 3:01<br>1:49<br>26:33<br>0:45 | 4:21<br>1:20<br>28:38<br>2:05  | 5:54<br>1:33<br>29:38<br>1:00  | 7:45<br>1:51<br>30:53<br>1:15  | 11:30<br>3:45<br>32:01<br>1:08 | 12:18<br>0:48<br>32:23<br>0:22 | 14:18<br>2:00<br>32:54<br>0:31 | 16:31<br>2:13<br>33:13<br>0:19 | 18:55<br>2:24 | 20:56<br>2:01 | 21:44<br>0:48 | 23:25<br>1:41 | 24:25<br>1:00 |               |  |  |
| 2                 | 1111 | Pedro Nogueira<br>[090] ADFA             | 39:02 | 1:23<br>1:23<br>29:29<br>1:33 | 3:34<br>2:11<br>30:19<br>0:50 | 5:51<br>2:17<br>34:16<br>3:57  | 8:02<br>2:11<br>35:25<br>1:09  | 10:06<br>2:04<br>36:39<br>1:14 | 14:27<br>4:21<br>37:50<br>1:11 | 15:24<br>0:57<br>38:13<br>0:23 | 17:42<br>2:18<br>38:45<br>0:32 | 19:41<br>1:59<br>39:02<br>0:17 | 21:47<br>2:06 | 24:14<br>2:27 | 25:05<br>0:51 | 26:57<br>1:52 | 27:56<br>0:59 |               |  |  |
| 3                 | 1888 | Diogo Miguel<br>[007] Ori-Estarreja      | 39:56 | 1:32<br>1:32<br>31:09<br>1:52 | 3:45<br>2:13<br>32:01<br>0:52 | 5:30<br>1:45<br>34:26<br>2:25  | 7:36<br>2:06<br>35:37<br>1:11  | 9:52<br>2:16<br>37:10<br>1:33  | 14:41<br>4:49<br>38:29<br>1:19 | 15:44<br>1:03<br>38:55<br>0:26 | 18:17<br>2:33<br>39:32<br>0:37 | 20:33<br>2:16<br>39:56<br>0:24 | 23:01<br>2:28 | 25:27<br>2:26 | 26:16<br>0:49 | 28:09<br>1:53 | 29:17<br>1:08 |               |  |  |
| 4                 | 5287 | João Novo<br>[102] .COM                  | 40:20 | 1:18<br>1:18<br>32:06<br>1:37 | 3:56<br>2:38<br>32:55<br>0:49 | 5:34<br>1:38<br>35:04<br>2:09  | 8:05<br>2:31<br>36:11<br>1:07  | 10:30<br>2:25<br>37:54<br>1:43 | 15:03<br>4:33<br>39:07<br>1:13 | 17:02<br>1:59<br>39:29<br>0:22 | 19:13<br>2:11<br>40:01<br>0:32 | 21:37<br>2:24<br>40:20<br>0:19 | 23:52<br>2:15 | 26:22<br>2:30 | 27:15<br>0:53 | 29:22<br>2:07 | 30:29<br>1:07 |               |  |  |
| 5                 | 4103 | Rafael Miguel<br>[007] Ori-Estarreja     | 42:10 | 1:37<br>1:20<br>33:20<br>2:02 | 0:49<br>3:46<br>34:19<br>0:59 | 2:09<br>5:38<br>36:42<br>2:23  | 1:07<br>7:43<br>37:56<br>1:14  | 1:43<br>10:02<br>39:33<br>1:37 | 1:13<br>15:21<br>40:51<br>1:18 | 0:22<br>17:13<br>41:17<br>0:26 | 0:32<br>19:42<br>41:50<br>0:33 | 0:19<br>22:14<br>42:10<br>0:20 |               | 24:50<br>2:36 | 27:17<br>2:27 | 28:14<br>0:57 | 30:13<br>1:59 | 31:18<br>1:05 |  |  |
| 6                 | 1874 | Tiago Martins Aires<br>[073] CMo Funchal | 42:23 | 2:02<br>1:17<br>1:17<br>33:46 | 0:59<br>3:18<br>2:01<br>34:35 | 2:23<br>4:54<br>1:36<br>37:41  | 1:14<br>7:35<br>2:41<br>38:42  | 1:37<br>9:36<br>2:01<br>40:04  | 1:18<br>17:10<br>7:34<br>41:13 | 0:26<br>18:45<br>1:35<br>41:36 | 0:33<br>21:04<br>2:19<br>42:04 | 0:20<br>23:11<br>2:07<br>42:23 |               | 25:19<br>2:08 | 27:25<br>2:06 | 28:12<br>0:47 | 30:11<br>1:59 | 31:11<br>1:00 |  |  |
| 7                 | 1963 | João Ferreira<br>[168] CAB               | 42:25 | 2:35<br>4:17<br>4:17<br>34:07 | 0:49<br>6:50<br>2:33<br>34:57 | 3:06<br>8:32<br>1:42<br>37:21  | 1:01<br>10:39<br>2:07<br>38:31 | 1:22<br>12:58<br>2:19<br>39:58 | 1:09<br>17:45<br>4:47<br>41:08 | 0:23<br>18:40<br>0:55<br>41:31 | 0:28<br>21:14<br>2:34<br>42:03 | 0:19<br>23:31<br>2:17<br>42:25 |               | 25:57<br>2:26 | 28:14<br>2:17 | 29:13<br>0:59 | 31:03<br>1:50 | 32:16<br>1:13 |  |  |
| 8                 | 1936 | Celso Moiteiro<br>[070] COC              | 43:08 | 1:51<br>1:34<br>1:34<br>33:44 | 0:50<br>4:41<br>3:07<br>34:59 | 2:24<br>6:22<br>1:41<br>37:30  | 1:10<br>8:09<br>1:47<br>38:51  | 1:27<br>10:38<br>2:29<br>40:21 | 1:10<br>15:15<br>4:37<br>41:37 | 0:23<br>17:04<br>1:49<br>42:14 | 0:32<br>19:34<br>2:30<br>42:46 | 0:22<br>22:07<br>2:33<br>43:08 |               | 24:35<br>2:28 | 26:56<br>2:21 | 28:00<br>1:04 | 29:59<br>1:59 | 31:07<br>1:08 |  |  |
| 9                 | 1132 | Paulo Franco<br>[070] COC                | 44:55 | 2:37<br>1:26<br>1:26<br>32:30 | 1:15<br>3:44<br>2:18<br>36:30 | 2:31<br>5:47<br>2:03<br>39:10  | 1:21<br>7:39<br>1:52<br>40:27  | 1:30<br>9:57<br>2:18<br>42:16  | 1:16<br>14:39<br>4:42<br>43:33 | 0:37<br>15:40<br>1:01<br>43:59 | 0:32<br>18:07<br>2:27<br>44:35 | 0:22<br>20:28<br>2:21<br>44:55 |               | 23:17<br>2:49 | 26:23<br>3:06 | 27:14<br>0:51 | 29:31<br>2:17 | 30:40<br>1:09 |  |  |
| 10                | 5737 | Vasco Mendes<br>[133] GDU Azoia          | 45:30 | 1:50<br>1:26<br>1:26<br>33:58 | 4:00<br>4:05<br>2:39<br>35:37 | 2:40<br>7:17<br>3:12<br>39:42  | 1:17<br>9:04<br>1:47<br>40:55  | 1:49<br>11:40<br>2:36<br>42:49 | 1:17<br>16:36<br>4:56<br>44:09 | 0:26<br>17:38<br>1:02<br>44:34 | 0:36<br>20:46<br>3:08<br>45:09 | 0:20<br>23:03<br>2:17<br>45:30 |               | 25:26<br>2:23 | 28:04<br>2:38 | 28:56<br>0:52 | 30:57<br>2:01 | 32:16<br>1:19 |  |  |
| 11                | 2668 | Gildo Silva<br>[070] COC                 | 46:17 | 1:42<br>1:31<br>1:31<br>35:55 | 1:39<br>5:49<br>4:18<br>36:43 | 4:05<br>9:38<br>3:49<br>39:18  | 1:13<br>11:45<br>2:07<br>41:00 | 1:54<br>14:45<br>3:00<br>43:50 | 1:20<br>19:48<br>5:03<br>45:05 | 0:25<br>21:03<br>1:15<br>45:27 | 0:35<br>23:23<br>2:20<br>45:57 | 0:21<br>25:39<br>2:16<br>46:17 |               | 27:49<br>2:10 | 30:03<br>2:14 | 30:59<br>0:56 | 33:00<br>2:01 | 34:06<br>1:06 |  |  |
| 12                | 4285 | Jorge Correia<br>[090] ADFA              | 46:26 | 1:49<br>1:30<br>1:30<br>36:28 | 0:48<br>3:59<br>2:29<br>37:25 | 2:35<br>7:40<br>3:41<br>40:39  | 1:42<br>10:22<br>2:42<br>41:59 | 2:50<br>12:55<br>2:33<br>43:38 | 1:15<br>18:00<br>5:05<br>45:01 | 0:22<br>19:47<br>1:47<br>45:28 | 0:30<br>22:15<br>2:28<br>46:02 | 0:20<br>24:49<br>2:34<br>46:26 |               | 27:20<br>2:31 | 29:41<br>2:21 | 30:37<br>0:56 | 32:45<br>2:08 | 34:38<br>1:53 |  |  |
| 12                | 2547 | André Ramos<br>[070] COC                 | 46:26 | 1:50<br>1:28<br>1:28<br>36:24 | 0:57<br>3:43<br>2:15<br>37:20 | 3:14<br>5:30<br>1:47<br>40:04  | 1:20<br>7:27<br>1:57<br>41:28  | 1:39<br>10:06<br>2:39<br>43:38 | 1:23<br>16:44<br>6:38<br>45:02 | 0:27<br>17:42<br>0:58<br>45:30 | 0:34<br>20:11<br>2:29<br>46:04 | 0:24<br>22:41<br>2:30<br>46:26 |               | 25:26<br>2:45 | 28:14<br>2:48 | 29:11<br>0:57 | 32:58<br>3:47 | 34:24<br>1:26 |  |  |
| 14                | 1811 | Luis Leite<br>[052] GD4C                 | 47:23 | 2:00<br>1:26<br>1:26<br>36:50 | 0:56<br>4:00<br>2:34<br>37:44 | 2:44<br>6:26<br>2:26<br>40:25  | 1:24<br>8:49<br>2:23<br>42:45  | 2:10<br>11:55<br>3:06<br>44:33 | 1:24<br>18:06<br>6:11<br>46:01 | 0:28<br>19:58<br>1:52<br>46:27 | 0:34<br>22:32<br>2:34<br>47:01 | 0:22<br>24:57<br>2:25<br>47:23 |               | 27:26<br>2:29 | 30:11<br>2:45 | 31:19<br>1:08 | 33:36<br>2:17 | 34:43<br>1:07 |  |  |
| 15                | 6041 | Tiago Lampreia<br>[090] ADFA             | 47:56 | 2:07<br>1:31<br>1:31<br>38:15 | 0:54<br>3:45<br>2:14<br>39:11 | 2:41<br>6:50<br>3:05<br>41:35  | 2:20<br>9:35<br>2:45<br>42:54  | 1:48<br>13:45<br>4:10<br>44:27 | 1:28<br>19:59<br>6:14<br>46:04 | 0:26<br>21:00<br>1:01<br>47:01 | 0:34<br>23:49<br>2:49<br>47:35 | 0:22<br>26:44<br>2:55<br>47:56 |               | 29:19<br>2:35 | 32:27<br>3:08 | 33:24<br>0:57 | 35:29<br>2:05 | 36:41<br>1:12 |  |  |
| 16                | 2593 | Vítor Delgado<br>[052] GD4C              | 49:48 | 1:34<br>3:11<br>3:11<br>39:31 | 0:56<br>6:45<br>3:34<br>40:26 | 2:24<br>10:36<br>3:51<br>43:40 | 1:19<br>13:16<br>2:40<br>45:00 | 1:33<br>16:26<br>3:10<br>46:42 | 1:37<br>21:36<br>5:10<br>48:11 | 0:57<br>22:48<br>1:12<br>48:40 | 0:34<br>25:19<br>2:31<br>49:20 | 0:21<br>27:50<br>2:31<br>49:48 |               | 30:21<br>2:31 | 32:41<br>2:20 | 33:39<br>0:58 | 35:46<br>2:07 | 37:35<br>1:49 |  |  |
| 17                | 3167 | Nuno Evangelista<br>[114] COA            | 50:19 | 1:56<br>1:30<br>1:30<br>39:41 | 0:55<br>4:07<br>2:37<br>41:25 | 3:14<br>6:39<br>2:32<br>44:03  | 1:20<br>8:31<br>1:52<br>45:27  | 1:42<br>10:53<br>2:22<br>47:13 | 1:29<br>17:19<br>6:26<br>48:43 | 0:29<br>18:16<br>0:57<br>49:11 | 0:40<br>20:40<br>2:24<br>49:51 | 0:28<br>24:48<br>4:08<br>50:19 |               | 27:24<br>2:36 | 30:10<br>2:46 | 31:12<br>1:02 | 33:10<br>1:58 | 34:34<br>1:24 |  |  |
| 18                | 3785 | Nelson Baroca<br>[062] CA Madeira        | 50:35 | 5:07<br>1:09<br>1:09<br>38:37 | 1:44<br>5:04<br>3:55<br>39:28 | 2:38<br>6:57<br>1:53<br>45:07  | 1:24<br>9:50<br>2:53<br>46:42  | 1:46<br>11:52<br>2:02<br>48:03 | 1:30<br>17:07<br>5:15<br>49:16 | 0:28<br>20:18<br>3:11<br>49:39 | 0:40<br>23:01<br>2:43<br>50:11 | 0:28<br>27:05<br>4:04<br>50:35 |               | 29:20<br>2:15 | 31:56<br>2:36 | 32:51<br>0:55 | 35:19<br>2:28 | 36:21<br>1:02 |  |  |
| 19                | 3954 | Goncalo Pirrolas<br>[090] ADFA           | 51:22 | 2:16<br>1:35<br>1:35<br>39:10 | 0:51<br>4:07<br>2:32<br>40:06 | 5:39<br>7:40<br>3:33<br>42:52  | 1:35<br>9:46<br>2:06<br>45:24  | 1:21<br>12:18<br>2:32<br>47:19 | 1:13<br>17:35<br>5:17<br>48:48 | 0:23<br>18:44<br>1:09<br>50:26 | 0:32<br>21:41<br>2:57<br>51:02 | 0:24<br>24:38<br>2:57<br>51:22 |               | 27:24<br>2:46 | 32:07<br>4:43 | 33:14<br>1:07 | 35:30<br>2:16 | 36:53<br>1:23 |  |  |
| 20                | 3602 | Luis Barreiro<br>[054] NADA              | 51:39 | 2:17<br>1:32<br>1:32<br>41:34 | 0:56<br>7:14<br>5:42<br>42:37 | 2:46<br>9:29<br>2:15<br>45:25  | 2:32<br>11:55<br>2:26<br>47:17 | 1:55<br>14:37<br>2:42<br>48:56 | 1:29<br>21:03<br>6:26<br>50:22 | 1:38<br>22:06<br>1:03<br>50:46 | 0:36<br>24:52<br>2:46<br>51:18 | 0:20<br>28:03<br>3:11<br>51:39 |               | 30:43<br>2:40 | 33:37<br>2:54 | 34:43<br>1:06 | 37:25<br>2:42 | 39:00<br>1:35 |  |  |

| Pl                | tno  | Name                                   | Time    |                  |                  |                  |                  |                   |                   |                   |                   |                  |         |         |         |         |         |
|-------------------|------|----------------------------------------|---------|------------------|------------------|------------------|------------------|-------------------|-------------------|-------------------|-------------------|------------------|---------|---------|---------|---------|---------|
| Final A Masc (45) |      |                                        |         | 0,0 km 290 m     |                  |                  | 22 C             |                   | (cont.)           |                   |                   |                  |         |         |         |         |         |
|                   |      |                                        |         | 1(67)<br>15(114) | 2(63)<br>16(112) | 3(83)<br>17(142) | 4(78)<br>18(122) | 5(131)<br>19(144) | 6(139)<br>20(116) | 7(141)<br>21(124) | 8(138)<br>22(200) | 9(121)<br>Finish | 10(115) | 11(108) | 12(153) | 13(123) | 14(120) |
| 21                | 1682 | Santos Sousa<br>[090] ADFA             | 51:58   | 1:46             | 7:45             | 9:55             | 12:20            | 15:05             | 21:34             | 22:52             | 25:33             | 28:07            | 30:40   | 33:43   | 35:00   | 37:26   | 39:36   |
|                   |      |                                        |         | 1:46             | 5:59             | 2:10             | 2:25             | 2:45              | 6:29              | 1:18              | 2:41              | 2:34             | 2:33    | 3:03    | 1:17    | 2:26    | 2:10    |
|                   |      |                                        |         | 41:56            | 43:00            | 45:39            | 47:07            | 48:47             | 50:35             | 51:03             | 51:38             | 51:58            |         |         |         |         |         |
| 22                | 4773 | Rafael Ramos<br>[007] Ori-Estarreja    | 52:27   | 2:20             | 1:04             | 2:39             | 1:28             | 1:40              | 1:48              | 0:28              | 0:35              | 0:20             |         |         |         |         |         |
|                   |      |                                        |         | 1:35             | 8:48             | 11:06            | 13:29            | 17:02             | 23:09             | 24:09             | 26:55             | 29:46            | 32:27   | 35:17   | 36:28   | 38:44   | 40:21   |
|                   |      |                                        |         | 1:35             | 7:13             | 2:18             | 2:23             | 3:33              | 6:07              | 1:00              | 2:46              | 2:51             | 2:41    | 2:50    | 1:11    | 2:16    | 1:37    |
| 23                | 5074 | Rodrigo Oliveira<br>[070] COC          | 52:50   | 42:03            | 42:58            | 46:25            | 47:51            | 49:26             | 50:51             | 51:21             | 52:03             | 52:27            |         |         |         |         |         |
|                   |      |                                        |         | 1:42             | 0:55             | 3:27             | 1:26             | 1:35              | 1:25              | 0:30              | 0:42              | 0:24             |         |         |         |         |         |
|                   |      |                                        |         | 1:25             | 4:23             | 7:37             | 10:02            | 13:15             | 19:02             | 22:59             | 25:40             | 28:53            | 31:43   | 34:54   | 35:54   | 38:44   | 39:54   |
| 24                | 2816 | Jorge Fortunato<br>[007] Ori-Estarreja | 53:06   | 1:25             | 2:58             | 3:14             | 2:25             | 3:13              | 5:47              | 3:57              | 2:41              | 3:13             | 2:50    | 3:11    | 1:00    | 2:50    | 1:10    |
|                   |      |                                        |         | 41:49            | 42:42            | 45:19            | 46:59            | 50:06             | 51:25             | 51:53             | 52:29             | 52:50            |         |         |         |         |         |
|                   |      |                                        |         | 1:55             | 0:53             | 2:37             | 1:40             | 3:07              | 1:19              | 0:28              | 0:36              | 0:21             |         |         |         |         |         |
| 25                | 3915 | Nuno Ferreira<br>[070] COC             | 53:47   | 1:35             | 4:38             | 6:56             | 9:20             | 12:04             | 18:26             | 19:40             | 22:36             | 25:37            | 28:40   | 31:33   | 32:42   | 35:09   | 36:51   |
|                   |      |                                        |         | 1:35             | 3:03             | 2:18             | 2:24             | 2:44              | 6:22              | 1:14              | 2:56              | 3:01             | 3:03    | 2:53    | 1:09    | 2:27    | 1:42    |
|                   |      |                                        |         | 40:18            | 41:40            | 44:57            | 47:52            | 49:54             | 51:30             | 52:01             | 52:41             | 53:06            |         |         |         |         |         |
| 26                | 2969 | Domingos Martins<br>[052] GD4C         | 54:04   | 3:27             | 1:22             | 3:17             | 2:55             | 2:02              | 1:36              | 0:31              | 0:40              | 0:25             |         |         |         |         |         |
|                   |      |                                        |         | 2:00             | 8:03             | 9:54             | 12:52            | 15:58             | 22:19             | 23:57             | 27:41             | 31:14            | 34:06   | 36:52   | 37:59   | 40:13   | 41:27   |
|                   |      |                                        |         | 2:00             | 6:03             | 1:51             | 2:58             | 3:06              | 6:21              | 1:38              | 3:44              | 3:33             | 2:52    | 2:46    | 1:07    | 2:14    | 1:14    |
| 27                | 5216 | Nuno Santos<br>[090] ADFA              | 54:15   | 43:26            | 44:21            | 47:06            | 49:07            | 51:00             | 52:24             | 52:51             | 53:24             | 53:47            |         |         |         |         |         |
|                   |      |                                        |         | 1:59             | 0:55             | 2:45             | 2:01             | 1:53              | 1:24              | 0:27              | 0:33              | 0:23             |         |         |         |         |         |
|                   |      |                                        |         | 1:32             | 6:30             | 9:38             | 12:03            | 14:32             | 20:35             | 21:47             | 24:46             | 29:20            | 32:53   | 35:54   | 37:03   | 40:18   | 41:44   |
| 28                | 1202 | Paulo Mosca<br>[005] CP Armada         | 54:32   | 1:32             | 4:58             | 3:08             | 2:25             | 2:29              | 6:03              | 1:12              | 2:59              | 4:34             | 3:33    | 3:01    | 1:09    | 3:15    | 1:26    |
|                   |      |                                        |         | 43:39            | 44:45            | 47:23            | 48:46            | 50:37             | 52:20             | 52:50             | 53:39             | 54:04            |         |         |         |         |         |
|                   |      |                                        |         | 1:55             | 1:06             | 2:38             | 1:23             | 1:51              | 1:43              | 0:30              | 0:49              | 0:25             |         |         |         |         |         |
| 29                | 1084 | Manuel Luís<br>[005] CP Armada         | 54:50   | 1:45             | 4:58             | 7:57             | 10:35            | 14:09             | 20:18             | 21:25             | 24:10             | 27:10            | 30:26   | 34:21   | 35:36   | 38:02   | 39:55   |
|                   |      |                                        |         | 1:45             | 3:13             | 2:59             | 2:38             | 3:34              | 6:09              | 1:07              | 2:45              | 3:00             | 3:16    | 3:55    | 1:15    | 2:26    | 1:53    |
|                   |      |                                        |         | 42:21            | 44:43            | 47:56            | 49:29            | 51:14             | 52:46             | 53:15             | 53:53             | 54:15            |         |         |         |         |         |
| 30                | 6040 | Diogo Lampreia<br>[090] ADFA           | 55:31   | 2:26             | 2:22             | 3:13             | 1:33             | 1:45              | 1:32              | 0:29              | 0:38              | 0:22             |         |         |         |         |         |
|                   |      |                                        |         | 1:39             | 6:22             | 8:17             | 11:06            | 14:11             | 20:14             | 21:18             | 24:00             | 26:36            | 29:19   | 32:16   | 33:26   | 35:48   | 37:17   |
|                   |      |                                        |         | 1:39             | 4:43             | 1:55             | 2:49             | 3:05              | 6:03              | 1:04              | 2:42              | 2:36             | 2:43    | 2:57    | 1:10    | 2:22    | 1:29    |
| 31                | 3593 | Jose Pereira<br>[005] CP Armada        | 56:22   | 44:24            | 45:20            | 47:55            | 49:50            | 51:37             | 53:06             | 53:34             | 54:09             | 54:32            |         |         |         |         |         |
|                   |      |                                        |         | 7:07             | 0:56             | 2:35             | 1:55             | 1:47              | 1:29              | 0:28              | 0:35              | 0:23             |         |         |         |         |         |
|                   |      |                                        |         | 1:48             | 8:08             | 11:24            | 13:52            | 16:57             | 23:30             | 24:58             | 27:44             | 30:56            | 33:57   | 37:02   | 38:10   | 40:44   | 42:08   |
| 32                | 5279 | Bernardo Pereira<br>[090] ADFA         | 56:43   | 1:48             | 6:20             | 3:16             | 2:28             | 3:05              | 6:33              | 1:28              | 2:46              | 3:12             | 3:01    | 3:05    | 1:08    | 2:34    | 1:24    |
|                   |      |                                        |         | 44:08            | 45:16            | 48:17            | 49:50            | 51:40             | 53:14             | 53:46             | 54:25             | 54:50            |         |         |         |         |         |
|                   |      |                                        |         | 2:00             | 1:08             | 3:01             | 1:33             | 1:50              | 1:34              | 0:32              | 0:39              | 0:25             |         |         |         |         |         |
| 33                | 2562 | Nuno Pedro<br>[107] CAOS               | 56:52   | 2:03             | 6:01             | 9:00             | 15:46            | 19:58             | 26:13             | 27:12             | 29:59             | 32:41            | 35:19   | 38:13   | 39:26   | 41:45   | 43:19   |
|                   |      |                                        |         | 2:03             | 3:58             | 2:59             | 6:46             | 4:12              | 6:15              | 0:59              | 2:47              | 2:42             | 2:38    | 2:54    | 1:13    | 2:19    | 1:34    |
|                   |      |                                        |         | 45:10            | 46:05            | 49:17            | 50:48            | 52:22             | 53:49             | 54:35             | 55:08             | 55:31            |         |         |         |         |         |
| 34                | 2150 | Xavier Vieira<br>[1000] Individual PO  | 57:09   | 1:51             | 0:55             | 3:12             | 1:31             | 1:34              | 1:27              | 0:46              | 0:33              | 0:23             |         |         |         |         |         |
|                   |      |                                        |         | 1:47             | 4:38             | 13:20            | 15:19            | 18:02             | 24:10             | 25:19             | 27:54             | 30:32            | 33:14   | 36:15   | 37:53   | 40:10   | 42:45   |
|                   |      |                                        |         | 1:47             | 2:51             | 8:42             | 1:59             | 2:43              | 6:08              | 1:09              | 2:35              | 2:38             | 2:42    | 3:01    | 1:38    | 2:17    | 2:35    |
| 35                | 1093 | Jorge Baltazar<br>[133] GDU Azoia      | 58:45   | 45:00            | 45:58            | 48:38            | 50:09            | 53:20             | 54:50             | 55:18             | 55:55             | 56:22            |         |         |         |         |         |
|                   |      |                                        |         | 2:15             | 0:58             | 2:40             | 1:31             | 3:11              | 1:30              | 0:28              | 0:37              | 0:27             |         |         |         |         |         |
|                   |      |                                        |         | 1:46             | 4:33             | 10:06            | 13:01            | 16:08             | 22:05             | 23:33             | 26:11             | 29:08            | 32:06   | 35:03   | 36:13   | 38:39   | 40:08   |
| 36                | 1583 | Jorge Oliveira<br>[070] COC            | 59:33   | 1:46             | 2:47             | 5:33             | 2:55             | 3:07              | 5:57              | 1:28              | 2:38              | 2:57             | 2:58    | 2:57    | 1:10    | 2:26    | 1:29    |
|                   |      |                                        |         | 42:52            | 46:51            | 50:11            | 51:50            | 53:47             | 55:17             | 55:45             | 56:23             | 56:43            |         |         |         |         |         |
|                   |      |                                        |         | 2:44             | 3:59             | 3:20             | 1:39             | 1:57              | 1:30              | 0:28              | 0:38              | 0:20             |         |         |         |         |         |
| 37                | 3633 | Marco Martins<br>[022] CLAC            | 1:00:33 | 1:50             | 5:50             | 8:36             | 11:28            | 14:30             | 20:26             | 21:44             | 25:18             | 28:27            | 31:29   | 34:44   | 36:07   | 38:39   | 40:24   |
|                   |      |                                        |         | 1:50             | 4:00             | 2:46             | 2:52             | 3:02              | 5:56              | 1:18              | 3:34              | 3:09             | 3:02    | 3:15    | 1:23    | 2:32    | 1:45    |
|                   |      |                                        |         | 44:06            | 45:19            | 48:27            | 50:13            | 52:35             | 54:12             | 55:53             | 56:28             | 56:52            |         |         |         |         |         |
| 38                | 2092 | António Olival<br>[062] CA Madeira     | 1:00:44 | 3:42             | 1:13             | 3:08             | 1:46             | 2:22              | 1:37              | 1:41              | 0:35              | 0:24             |         |         |         |         |         |
|                   |      |                                        |         | 1:29             | 6:17             | 8:30             | 13:53            | 17:03             | 25:55             | 27:18             | 30:15             | 32:47            | 35:35   | 38:49   | 39:53   | 42:05   | 44:27   |
|                   |      |                                        |         | 1:29             | 4:48             | 2:13             | 5:23             | 3:10              | 8:52              | 1:23              | 2:57              | 2:32             | 2:48    | 3:14    | 1:04    | 2:12    | 2:22    |
| 39                | 5316 | João Real<br>[159] COAAL               | 1:01:55 | 46:42            | 47:42            | 50:55            | 52:23            | 54:14             | 55:43             | 56:09             | 56:47             | 57:09            |         |         |         |         |         |
|                   |      |                                        |         | 2:15             | 1:00             | 3:13             | 1:28             | 1:51              | 1:29              | 0:26              | 0:38              | 0:22             |         |         |         |         |         |
|                   |      |                                        |         | 1:50             | 5:00             | 7:34             | 10:29            | 13:46             | 21:32             | 23:36             | 26:45             | 30:28            | 33:52   | 37:19   | 38:38   | 41:34   | 43:03   |
| 40                | 1583 | Jorge Oliveira<br>[070] COC            | 59:33   | 1:50             | 3:10             | 2:34             | 2:55             | 3:17              | 7:46              | 2:04              | 3:09              | 3:43             | 3:24    | 3:27    | 1:19    | 2:56    | 1:29    |
|                   |      |                                        |         | 46:32            | 47:47            | 51:14            | 53:15            | 55:35             | 57:25             | 57:52             | 58:24             | 58:45            |         |         |         |         |         |
|                   |      |                                        |         | 3:29             | 1:15             | 3:27             | 2:01             | 2:20              | 1:50              | 0:27              | 0:32              | 0:21             |         |         |         |         |         |
| 41                | 3633 | Marco Martins<br>[022] CLAC            | 1:00:33 | 1:53             | 10:17            | 12:23            | 14:27            | 18:03             | 23:24             | 24:29             | 29:40             | 32:20            | 35:13   | 39:25   | 40:37   | 43:26   | 45:09   |
|                   |      |                                        |         | 1:53             | 8:24             | 2:06             | 2:04             | 3:36              | 5:21              | 1:05              | 5:11              | 2:40             | 2:53    | 4:12    | 1:12    | 2:49    | 1:43    |
|                   |      |                                        |         | 47:08            | 48:24            | 51:24            | 54:06            | 56:16             | 57:50             | 58:30             | 59:09             | 59:33            |         |         |         |         |         |
| 42                | 2092 | António Olival<br>[062] CA Madeira     | 1:00:44 | 1:59             | 1:16             | 3:00             | 2:42             | 2:10              | 1:34              | 0:40              | 0:39              | 0:24             |         |         |         |         |         |
|                   |      |                                        |         | 1:45             | 4:48             | 8:02             | 10:58            | 15:00             | 22:10             | 24:12             | 27:26             | 30:26            | 33:53   | 37:04   | 38:18   | 41:09   | 42:56   |
|                   |      |                                        |         | 1:45             | 3:03             | 3:14             | 2:56             | 4:02              | 7:10              | 2:02              | 3:14              | 3:00             | 3:27    | 3:11    | 1:14    | 2:51    | 1:47    |
| 43                | 5316 | João Real<br>[159] COAAL               | 1:01:55 | 45:52            | 48:31            | 53:12            | 54:49            | 57:04             | 58:50             | 59:21             | 1:00:07           | 1:00:33          |         |         |         |         |         |
|                   |      |                                        |         | 2:56             | 2:39             | 4:41             | 1:37             | 2:15              | 1:46              | 0:31              | 0:46              | 0:26             |         |         |         |         |         |
|                   |      |                                        |         | 1:58             | 5:39             | 7:55             | 12:02            | 15:43             | 22:15             | 25:46             | 29:00             | 32:47            | 36:19   | 40:05   | 41:15   | 44:09   | 46:10   |
| 44                | 5316 | João Real<br>[159] COAAL               | 1:01:55 | 1:58             | 3:41             | 2:16             | 4:07             | 3:41              | 6:32              | 3:31              | 3:14              | 3:47             | 3:32    | 3:46    | 1:10    | 2:54    | 2:01    |
|                   |      |                                        |         | 48:11            | 49:15            | 52:52            | 54:36            | 57:03             | 58:56             | 59:34             | 1:00:15           | 1:00:44          |         |         |         |         |         |
|                   |      |                                        |         | 2:01             | 1:04             | 3:37             | 1:44             | 2:27              | 1:53              | 0:38              | 0:41              | 0:29             |         |         |         |         |         |
| 45                | 5316 | João Real<br>[159] COAAL               | 1:01:55 | 2:00             | 5:16             | 8:25             | 12:50            | 16:20             | 28:28             | 29:51             | 32:52             | 35:42            | 39:12   | 42:25   | 43:54   | 46:27   | 48:19   |
|                   |      |                                        |         | 2:00             | 3:16             | 3:09             | 4:25             | 3:30              | 12:08             | 1:23              | 3:01              | 2:50             | 3:30    | 3:13    | 1:29    | 2:33    | 1:52    |
|                   |      |                                        |         | 50:46            | 52:05            | 55:03            | 56:52            | 58:40             | 1:00:23           | 1:00:53           | 1:01:31           | 1:01:55          |         |         |         |         |         |
| 46                | 5316 | João Real<br>[159] COAAL               | 1:01:55 | 2:27             | 1:19             | 2:58             | 1:49             | 1:48              | 1:43              | 0:30              | 0:38              | 0:24             |         |         |         |         |         |

| Pl                | tno  | Name                                 | Time    |                                 |                                 |                                   |                                  |                                  |                                  |                                   |                                  |                                  |               |                                  |               |               |               |
|-------------------|------|--------------------------------------|---------|---------------------------------|---------------------------------|-----------------------------------|----------------------------------|----------------------------------|----------------------------------|-----------------------------------|----------------------------------|----------------------------------|---------------|----------------------------------|---------------|---------------|---------------|
| Final A Masc (45) |      |                                      |         | 0,0 km 290 m                    |                                 |                                   | 22 C                             |                                  | (cont.)                          |                                   |                                  |                                  |               |                                  |               |               |               |
|                   |      |                                      |         | 1(67)<br>15(114)                | 2(63)<br>16(112)                | 3(83)<br>17(142)                  | 4(78)<br>18(122)                 | 5(131)<br>19(144)                | 6(139)<br>20(116)                | 7(141)<br>21(124)                 | 8(138)<br>22(200)                | 9(121)<br>Finish                 | 10(115)       | 11(108)                          | 12(153)       | 13(123)       | 14(120)       |
| 40                | 1050 | Daniel Filipe<br>[007] Ori-Estarreja | 1:17:20 | 1:34<br>1:34<br>1:01:37<br>3:07 | 5:12<br>3:38<br>1:04:08<br>2:31 | 17:15<br>12:03<br>1:08:05<br>3:57 | 23:04<br>5:49<br>1:10:44<br>2:39 | 26:35<br>3:31<br>1:13:25<br>2:41 | 33:46<br>7:11<br>1:15:35<br>2:10 | 35:27<br>1:41<br>1:16:06<br>0:31  | 38:49<br>3:22<br>1:16:53<br>0:47 | 42:59<br>4:10<br>1:17:20<br>0:27 | 46:34<br>3:35 | 50:57<br>4:23                    | 52:21<br>1:24 | 56:16<br>3:55 | 58:30<br>2:14 |
|                   | 2128 | Daniel Marques<br>[070] COC          | mp      | 1:42<br>1:42<br>46:55<br>3:56   | 4:49<br>3:07<br>48:13<br>1:18   | 10:12<br>5:23<br>51:26<br>3:13    | 12:44<br>2:32<br>56:19<br>4:53   | 15:26<br>2:42<br>58:33<br>2:14   | 21:32<br>6:06<br>1:00:04<br>1:31 | 23:28<br>1:56<br>-----<br>1:01:15 | 26:18<br>2:50<br>1:01:40<br>0:25 | 30:17<br>3:59<br>1:01:40<br>0:25 | 33:26<br>3:09 | 37:03<br>3:37<br>1:00:42<br>*126 | 38:17<br>1:14 | 40:54<br>2:37 | 42:59<br>2:05 |
| nc                | 2728 | Miguel Silva<br>[073] CMo Funchal    | 49:29   | 3:50<br>3:50<br>38:48<br>2:06   | 7:18<br>3:28<br>39:45<br>0:57   | 9:21<br>2:03<br>42:00<br>2:15     | 12:00<br>2:39<br>43:08<br>1:08   | 14:46<br>2:46<br>46:43<br>3:35   | 20:15<br>5:29<br>48:06<br>1:23   | 22:43<br>2:28<br>48:32<br>0:26    | 25:19<br>2:36<br>49:06<br>0:34   | 27:46<br>2:27<br>49:29<br>0:23   | 30:14<br>2:28 | 32:39<br>2:25                    | 33:33<br>0:54 | 35:30<br>1:57 | 36:42<br>1:12 |
| nc                | 0000 | Andreas GROTE<br>[10726] OLC SKOG    | 51:52   | 1:34<br>1:34<br>41:22<br>2:32   | 5:56<br>4:22<br>42:34<br>1:12   | 8:14<br>2:18<br>45:33<br>2:59     | 11:01<br>2:47<br>47:01<br>1:28   | 14:19<br>3:18<br>48:46<br>1:45   | 20:05<br>5:46<br>50:20<br>1:34   | 21:54<br>1:49<br>50:48<br>0:28    | 24:44<br>2:50<br>51:27<br>0:39   | 27:42<br>2:58<br>51:52<br>0:25   | 30:42<br>3:00 | 33:35<br>2:53                    | 34:43<br>1:08 | 37:15<br>2:32 | 38:50<br>1:35 |
| nc                | 6358 | Angel Soto<br>[052] GD4C             | 52:36   | 1:47<br>1:47<br>41:33<br>2:24   | 4:38<br>2:51<br>42:39<br>1:06   | 7:29<br>2:51<br>45:56<br>3:17     | 10:07<br>2:38<br>47:45<br>1:49   | 12:57<br>2:50<br>49:45<br>2:00   | 19:08<br>6:11<br>51:13<br>1:28   | 20:26<br>1:18<br>51:40<br>0:27    | 24:48<br>4:22<br>52:14<br>0:34   | 27:40<br>2:52<br>52:36<br>0:22   | 31:05<br>3:25 | 34:00<br>2:55                    | 35:15<br>1:15 | 37:35<br>2:20 | 39:09<br>1:34 |
| nc                | 0021 | Luis Martínez<br>[2188] ADOL         | 54:49   | 2:01<br>2:01<br>44:00<br>3:38   | 5:55<br>3:54<br>45:50<br>1:50   | 8:22<br>2:27<br>48:27<br>2:37     | 11:52<br>3:30<br>49:53<br>1:26   | 15:42<br>3:50<br>51:44<br>1:51   | 21:44<br>6:02<br>53:16<br>1:32   | 23:04<br>1:20<br>53:51<br>0:35    | 25:46<br>2:42<br>54:25<br>0:34   | 28:28<br>2:42<br>54:49<br>0:24   | 31:18<br>2:50 | 34:32<br>3:14                    | 35:55<br>1:23 | 38:55<br>3:00 | 40:22<br>1:27 |
| Final A Fem (49)  |      |                                      |         | 0,0 km 250 m                    |                                 |                                   | 19 C                             |                                  |                                  |                                   |                                  |                                  |               |                                  |               |               |               |
|                   |      |                                      |         | 1(55)<br>15(125)                | 2(139)<br>16(144)               | 3(141)<br>17(130)                 | 4(138)<br>18(116)                | 5(121)<br>19(200)                | 6(128)<br>Finish                 | 7(115)                            | 8(108)                           | 9(153)                           | 10(117)       | 11(123)                          | 12(120)       | 13(114)       | 14(112)       |
| 1                 | 5533 | Beatriz Sanguino<br>[094] CPOC       | 36:16   | 2:57<br>2:57<br>31:38<br>2:05   | 5:49<br>2:52<br>33:52<br>2:14   | 6:48<br>0:59<br>34:46<br>0:54     | 9:40<br>2:52<br>35:15<br>0:29    | 12:37<br>2:57<br>35:56<br>0:41   | 15:29<br>2:52<br>36:16<br>0:20   | 16:09<br>0:40                     | 18:51<br>2:42                    | 19:48<br>0:57                    | 21:35<br>1:47 | 23:37<br>2:02                    | 25:15<br>1:38 | 28:36<br>3:21 | 29:33<br>0:57 |
| 2                 | 4909 | Sara Roberto<br>[070] COC            | 44:46   | 3:45<br>3:45<br>37:48<br>2:35   | 7:12<br>3:27<br>41:16<br>3:28   | 8:45<br>1:33<br>42:38<br>1:22     | 11:59<br>3:14<br>43:21<br>0:43   | 14:56<br>2:57<br>44:20<br>0:59   | 18:35<br>3:39<br>44:46<br>0:26   | 19:34<br>0:59                     | 23:15<br>3:41                    | 24:37<br>1:22                    | 27:22<br>2:45 | 29:56<br>2:34                    | 31:40<br>1:44 | 34:00<br>2:20 | 35:13<br>1:13 |
| 3                 | 3315 | Adelindina Lopes<br>[070] COC        | 45:12   | 5:34<br>5:34<br>39:25<br>2:22   | 9:04<br>3:30<br>42:11<br>2:46   | 10:13<br>1:09<br>43:16<br>1:05    | 13:29<br>3:16<br>43:59<br>0:43   | 17:41<br>4:12<br>44:48<br>0:49   | 20:35<br>2:54<br>45:12<br>0:24   | 21:26<br>0:51                     | 24:52<br>3:26                    | 26:14<br>1:22                    | 28:12<br>1:58 | 30:48<br>2:36                    | 33:12<br>2:24 | 35:59<br>2:47 | 37:03<br>1:04 |
| 4                 | 4112 | Inês Pinto<br>[052] GD4C             | 46:44   | 5:00<br>5:00<br>40:10<br>2:54   | 9:04<br>4:04<br>43:30<br>3:20   | 10:29<br>1:25<br>45:00<br>1:30    | 13:13<br>2:44<br>45:37<br>0:37   | 16:52<br>3:39<br>46:23<br>0:46   | 21:28<br>4:36<br>46:44<br>0:21   | 22:24<br>0:56                     | 25:47<br>3:23                    | 27:00<br>1:13                    | 28:51<br>1:51 | 31:16<br>2:25                    | 33:35<br>2:19 | 36:03<br>2:28 | 37:16<br>1:13 |
| 5                 | 3799 | Tânia Covas Costa<br>[102] .COM      | 49:56   | 4:04<br>4:04<br>42:07<br>2:54   | 12:40<br>8:36<br>47:08<br>5:01  | 13:55<br>1:15<br>48:20<br>1:12    | 16:49<br>2:54<br>48:54<br>0:34   | 19:37<br>2:48<br>49:34<br>0:40   | 21:51<br>2:14<br>49:56<br>0:22   | 23:01<br>1:10                     | 26:23<br>3:22                    | 27:42<br>1:19                    | 29:51<br>2:09 | 32:38<br>2:47                    | 35:42<br>3:04 | 38:15<br>2:33 | 39:13<br>0:58 |
| 6                 | 4142 | Rita Rodrigues<br>[073] CMo Funchal  | 51:32   | 4:31<br>4:31<br>44:45<br>2:19   | 9:41<br>5:10<br>48:23<br>3:38   | 11:09<br>1:28<br>49:35<br>1:12    | 14:58<br>3:49<br>50:15<br>0:40   | 18:11<br>3:13<br>51:05<br>0:50   | 21:28<br>3:17<br>51:32<br>0:27   | 22:22<br>0:54                     | 25:44<br>3:22                    | 27:19<br>1:35                    | 31:51<br>4:32 | 34:24<br>2:33                    | 36:40<br>2:16 | 41:07<br>4:27 | 42:26<br>1:19 |
| 7                 | 3060 | Patricia Casalinho<br>[070] COC      | 51:50   | 3:58<br>3:58<br>41:24<br>2:48   | 8:14<br>4:16<br>48:07<br>6:43   | 10:02<br>1:48<br>49:41<br>1:34    | 13:36<br>3:34<br>50:21<br>0:40   | 17:11<br>3:35<br>51:20<br>0:59   | 20:23<br>3:12<br>51:50<br>0:30   | 21:23<br>1:00                     | 25:20<br>3:57                    | 26:36<br>1:16                    | 29:36<br>3:00 | 32:15<br>2:39                    | 34:33<br>2:18 | 37:25<br>2:52 | 38:36<br>1:11 |
| 8                 | 5138 | Joana Marques<br>[007] Ori-Estarreja | 52:53   | 3:53<br>3:53<br>46:42<br>3:51   | 9:35<br>5:42<br>49:37<br>2:55   | 10:53<br>1:18<br>50:58<br>1:21    | 13:58<br>3:05<br>51:41<br>0:43   | 17:19<br>3:21<br>52:30<br>0:49   | 20:44<br>3:25<br>52:53<br>0:23   | 21:38<br>0:54                     | 28:20<br>6:42                    | 29:56<br>1:36                    | 32:46<br>2:50 | 36:07<br>3:21                    | 38:51<br>2:44 | 41:34<br>2:43 | 42:51<br>1:17 |
| 9                 | 3519 | Maria Sá<br>[090] ADFA               | 53:04   | 3:52<br>3:52<br>46:40<br>2:52   | 8:51<br>4:59<br>49:59<br>3:19   | 10:35<br>1:44<br>51:19<br>1:20    | 13:40<br>3:05<br>51:56<br>0:37   | 16:56<br>3:16<br>52:42<br>0:46   | 25:17<br>8:21<br>53:04<br>0:22   | 26:09<br>0:52                     | 30:40<br>4:31                    | 31:56<br>1:16                    | 34:25<br>2:29 | 36:50<br>2:25                    | 38:46<br>1:56 | 42:33<br>3:47 | 43:48<br>1:15 |
| 10                | 6447 | Matilde Ribeiro<br>[094] CPOC        | 54:36   | 4:01<br>4:01<br>48:07<br>2:36   | 8:40<br>4:39<br>51:44<br>3:37   | 10:47<br>2:07<br>52:51<br>1:07    | 16:44<br>5:57<br>53:28<br>0:37   | 21:23<br>4:39<br>54:16<br>0:48   | 24:27<br>3:04<br>54:36<br>0:20   | 26:26<br>1:59                     | 31:06<br>4:40                    | 32:49<br>1:43                    | 35:43<br>2:54 | 38:34<br>2:51                    | 40:32<br>1:58 | 44:14<br>3:42 | 45:31<br>1:17 |
| 11                | 5879 | Joana Catarino<br>[022] CLAC         | 54:38   | 5:20<br>5:20<br>44:17<br>2:38   | 9:58<br>4:38<br>51:14<br>6:57   | 11:06<br>1:08<br>52:54<br>1:40    | 14:02<br>2:56<br>53:31<br>0:37   | 18:33<br>4:31<br>54:14<br>0:43   | 21:31<br>2:58<br>54:38<br>0:24   | 22:20<br>0:49                     | 25:24<br>3:04                    | 27:27<br>2:03                    | 31:23<br>3:56 | 34:58<br>3:35                    | 37:25<br>2:27 | 40:17<br>2:52 | 41:39<br>1:22 |
| 12                | 5745 | Luísa Pinheiro<br>[102] .COM         | 56:59   | 4:44<br>4:44<br>49:18<br>2:51   | 9:00<br>4:16<br>52:56<br>3:38   | 10:46<br>1:46<br>54:47<br>1:51    | 14:40<br>3:54<br>55:26<br>0:39   | 18:36<br>3:56<br>56:26<br>1:00   | 22:12<br>3:36<br>56:59<br>0:33   | 23:31<br>1:19                     | 27:47<br>4:16                    | 29:31<br>1:44                    | 33:35<br>4:04 | 36:54<br>3:19                    | 39:07<br>2:13 | 44:57<br>5:50 | 46:27<br>1:30 |

| Pl               | tno  | Name                                    | Time    |                                       |                                       |                                        |                                        |                                        |                                        |               |                                |                                |               |                |               |               |               |
|------------------|------|-----------------------------------------|---------|---------------------------------------|---------------------------------------|----------------------------------------|----------------------------------------|----------------------------------------|----------------------------------------|---------------|--------------------------------|--------------------------------|---------------|----------------|---------------|---------------|---------------|
| Final A Fem (49) |      |                                         |         | 0,0 km 250 m                          |                                       |                                        | 19 C                                   |                                        | (cont.)                                |               |                                |                                |               |                |               |               |               |
|                  |      |                                         |         | 1(55)<br>15(125)                      | 2(139)<br>16(144)                     | 3(141)<br>17(130)                      | 4(138)<br>18(116)                      | 5(121)<br>19(200)                      | 6(128)<br>Finish                       | 7(115)        | 8(108)                         | 9(153)                         | 10(117)       | 11(123)        | 12(120)       | 13(114)       | 14(112)       |
| 13               | 2582 | Anabela Vieito<br>[070] COC             | 57:46   | 4:24<br>4:24<br>47:22                 | 8:43<br>4:19<br>54:18                 | 10:33<br>1:50<br>55:42                 | 14:09<br>3:36<br>56:23                 | 17:41<br>3:32<br>57:19                 | 24:11<br>6:30<br>57:46                 | 25:08<br>0:57 | 28:46<br>3:38                  | 30:21<br>1:35                  | 34:16<br>3:55 | 38:22<br>4:06  | 40:32<br>2:10 | 43:36<br>3:04 | 44:47<br>1:11 |
| 14               | 1006 | Cristina Santos<br>[151] GafanhOri      | 58:29   | 2:35<br>8:11<br>8:11<br>51:24         | 6:56<br>13:01<br>4:50<br>54:40        | 1:24<br>14:55<br>1:54<br>56:04         | 0:41<br>18:53<br>3:58<br>56:53         | 0:56<br>23:17<br>4:24<br>58:00         | 0:27<br>26:36<br>3:19<br>58:29         | 28:04<br>1:28 | 32:42<br>4:38                  | 34:17<br>1:35                  | 36:58<br>2:41 | 41:23<br>4:25  | 43:19<br>1:56 | 46:59<br>3:40 | 48:33<br>1:34 |
| 15               | 5506 | Verónica Fradique<br>[052] GD4C         | 58:50   | 2:51<br>4:12<br>4:12<br>52:38<br>2:04 | 3:16<br>7:41<br>3:29<br>55:24<br>2:46 | 1:24<br>10:06<br>2:25<br>56:36<br>1:12 | 0:49<br>13:09<br>3:03<br>57:42<br>1:06 | 1:07<br>17:46<br>4:37<br>58:29<br>0:47 | 0:29<br>21:15<br>3:29<br>58:50<br>0:21 | 22:06<br>0:51 | 27:43<br>5:37                  | 28:55<br>1:12                  | 31:12<br>2:17 | 44:23<br>13:11 | 45:55<br>1:32 | 49:27<br>3:32 | 50:34<br>1:07 |
| 16               | 2587 | Sandra Rodrigues<br>[090] ADFA          | 59:07   | 4:36<br>4:36<br>52:26<br>3:26         | 9:47<br>5:11<br>55:27<br>3:01         | 11:19<br>1:32<br>57:01<br>1:34         | 16:11<br>4:52<br>57:40<br>0:39         | 20:18<br>4:07<br>58:38<br>0:58         | 23:33<br>3:15<br>59:07<br>0:29         | 24:41<br>1:08 | 28:55<br>4:14                  | 30:33<br>1:38                  | 33:16<br>2:43 | 40:38<br>7:22  | 42:26<br>1:48 | 47:35<br>5:09 | 49:00<br>1:25 |
| 17               | 2022 | Paula Serra Campo<br>[102] .COM         | 59:15   | 5:09<br>5:09<br>52:39<br>3:58         | 11:07<br>5:58<br>55:41<br>3:02        | 12:49<br>1:42<br>57:05<br>1:24         | 16:24<br>3:35<br>57:53<br>0:48         | 20:50<br>4:26<br>58:46<br>0:53         | 24:16<br>3:26<br>59:15<br>0:29         | 25:17<br>1:01 | 29:49<br>4:32                  | 31:25<br>1:36                  | 37:00<br>5:35 | 40:05<br>3:05  | 41:48<br>1:43 | 46:48<br>5:00 | 48:41<br>1:53 |
| 18               | 6046 | Ana Pacheco<br>[102] .COM               | 1:00:16 | 6:48<br>6:48<br>52:19<br>2:49         | 11:54<br>5:06<br>56:08<br>3:49        | 15:06<br>3:12<br>58:19<br>2:11         | 18:40<br>3:34<br>58:57<br>0:38         | 23:17<br>4:37<br>59:50<br>0:53         | 26:58<br>3:41<br>1:00:16<br>0:26       | 28:06<br>1:08 | 32:29<br>4:23                  | 34:06<br>1:37                  | 37:30<br>3:24 | 40:08<br>2:38  | 43:02<br>2:54 | 48:11<br>5:09 | 49:30<br>1:19 |
| 19               | 5659 | Raquel Henriques<br>[094] CPOC          | 1:00:43 | 5:10<br>5:10<br>49:26<br>3:14         | 9:40<br>4:30<br>57:24<br>7:58         | 12:18<br>2:38<br>58:35<br>1:11         | 18:01<br>5:43<br>59:20<br>0:45         | 21:30<br>3:29<br>1:00:14<br>0:54       | 24:53<br>3:23<br>1:00:43<br>0:29       | 25:51<br>0:58 | 29:33<br>3:42                  | 31:12<br>1:39                  | 35:24<br>4:12 | 38:12<br>2:48  | 40:06<br>1:54 | 45:03<br>4:57 | 46:12<br>1:09 |
| 20               | 3134 | Manuela Nogueira<br>[007] Ori-Estarreja | 1:03:52 | 6:36<br>6:36<br>55:35<br>3:11         | 11:55<br>5:19<br>59:22<br>3:47        | 13:31<br>1:36<br>1:01:25<br>2:03       | 17:33<br>4:02<br>1:02:17<br>0:52       | 22:14<br>4:41<br>1:03:18<br>1:01       | 28:40<br>6:26<br>1:03:52<br>0:34       | 30:24<br>1:44 | 36:12<br>5:48                  | 38:02<br>1:50                  | 41:11<br>3:09 | 44:45<br>3:34  | 47:06<br>2:21 | 50:50<br>3:44 | 52:24<br>1:34 |
| 21               | 1693 | Lídia Santana                           | 1:04:02 | 6:41<br>6:41<br>56:40<br>3:38         | 12:19<br>5:38<br>1:00:26<br>3:46      | 14:00<br>1:41<br>1:01:54<br>1:28       | 18:39<br>4:39<br>1:02:33<br>0:39       | 25:47<br>7:08<br>1:03:30<br>0:57       | 29:31<br>3:44<br>1:04:02<br>0:32       | 30:40<br>1:09 | 35:06<br>4:26                  | 36:48<br>1:42                  | 40:03<br>3:15 | 43:13<br>3:10  | 45:26<br>2:13 | 51:24<br>5:58 | 53:02<br>1:38 |
| 22               | 5166 | Beatriz Esteves<br>[070] COC            | 1:04:04 | 7:16<br>7:16<br>56:58<br>3:15         | 12:25<br>5:09<br>1:00:36<br>3:38      | 13:44<br>1:19<br>1:01:55<br>1:19       | 17:42<br>3:58<br>1:02:39<br>0:44       | 27:53<br>10:11<br>1:03:37<br>0:58      | 31:45<br>3:52<br>1:04:04<br>0:27       | 32:46<br>1:01 | 37:29<br>4:43                  | 39:30<br>2:01                  | 42:26<br>2:56 | 45:34<br>3:08  | 47:51<br>2:17 | 52:19<br>4:28 | 53:43<br>1:24 |
| 23               | 2503 | Susana Pontes<br>[070] COC              | 1:05:37 | 7:54<br>7:54<br>55:36<br>2:31         | 11:39<br>3:45<br>58:31<br>2:55        | 13:11<br>1:32<br>1:03:39<br>5:08       | 16:04<br>2:53<br>1:04:20<br>0:41       | 20:52<br>4:48<br>1:05:09<br>0:49       | 24:19<br>3:27<br>1:05:37<br>0:28       | 25:08<br>0:49 | 30:31<br>5:23<br>49:53<br>*120 | 32:07<br>1:36<br>50:26<br>*120 | 34:26<br>2:19 | 36:38<br>2:12  | 37:59<br>1:21 | 46:45<br>8:46 | 53:05<br>6:20 |
| 24               | 5657 | Mafalda Moreira<br>[094] CPOC           | 1:06:05 | 4:29<br>4:29<br>58:03<br>3:35         | 10:32<br>6:03<br>1:02:27<br>4:24      | 12:23<br>1:51<br>1:04:08<br>1:41       | 16:55<br>4:32<br>1:04:46<br>0:38       | 21:13<br>4:18<br>1:05:40<br>0:54       | 24:52<br>3:39<br>1:06:05<br>0:25       | 26:06<br>1:14 | 30:33<br>4:27                  | 32:17<br>1:44                  | 37:49<br>5:32 | 41:06<br>3:17  | 43:54<br>2:48 | 53:11<br>9:17 | 54:28<br>1:17 |
| 25               | 3467 | Helena Sousa<br>[119] OriMarão          | 1:06:49 | 5:26<br>5:26<br>58:52<br>2:37         | 10:44<br>5:18<br>1:03:04<br>4:12      | 15:27<br>4:43<br>1:04:35<br>1:31       | 25:40<br>10:13<br>1:05:21<br>0:46      | 29:19<br>3:39<br>1:06:21<br>1:00       | 37:18<br>7:59<br>1:06:49<br>0:28       | 38:13<br>0:55 | 42:26<br>4:13                  | 44:00<br>1:34                  | 46:29<br>2:29 | 49:01<br>2:32  | 51:05<br>2:04 | 54:46<br>3:41 | 56:15<br>1:29 |
| 26               | 1952 | Isabel Monteiro<br>[070] COC            | 1:07:13 | 6:04<br>6:04<br>57:28<br>4:12         | 12:26<br>6:22<br>1:02:36<br>5:08      | 14:30<br>2:04<br>1:04:39<br>2:03       | 18:41<br>4:11<br>1:05:29<br>0:50       | 23:48<br>5:07<br>1:06:37<br>1:08       | 28:41<br>4:53<br>1:07:13<br>0:36       | 30:10<br>1:29 | 35:25<br>5:15                  | 37:14<br>1:49                  | 40:23<br>3:09 | 43:28<br>3:05  | 46:05<br>2:37 | 50:45<br>4:40 | 53:16<br>2:31 |
| 27               | 6177 | Maria do Mar<br>[090] ADFA              | 1:07:15 | 6:50<br>6:50<br>58:13<br>4:44         | 14:39<br>7:49<br>1:03:36<br>5:23      | 16:04<br>1:25<br>1:05:14<br>1:38       | 20:55<br>4:51<br>1:05:58<br>0:44       | 28:13<br>7:18<br>1:06:51<br>0:53       | 31:25<br>3:12<br>1:07:15<br>0:24       | 32:33<br>1:08 | 37:28<br>4:55                  | 39:05<br>1:37                  | 42:08<br>3:03 | 45:53<br>3:45  | 48:34<br>2:41 | 51:28<br>2:54 | 53:29<br>2:01 |
| 28               | 5296 | Cátia Marques<br>[070] COC              | 1:07:29 | 5:45<br>5:45<br>57:28<br>3:30         | 10:21<br>4:36<br>1:03:43<br>6:15      | 12:38<br>2:17<br>1:05:20<br>1:37       | 16:32<br>3:54<br>1:06:05<br>0:45       | 20:32<br>4:00<br>1:07:01<br>0:56       | 28:22<br>7:50<br>1:07:29<br>0:28       | 29:30<br>1:08 | 35:27<br>5:57                  | 37:37<br>2:10                  | 42:44<br>5:07 | 46:01<br>3:17  | 48:29<br>2:28 | 52:22<br>3:53 | 53:58<br>1:36 |
| 29               | 5811 | Ana Nunes<br>[094] CPOC                 | 1:09:00 | 7:21<br>7:21<br>59:41<br>3:19         | 12:44<br>5:23<br>1:05:27<br>5:46      | 14:37<br>1:53<br>1:06:46<br>1:19       | 20:09<br>5:32<br>1:07:33<br>0:47       | 24:19<br>4:10<br>1:08:33<br>1:00       | 29:29<br>5:10<br>1:09:00<br>0:27       | 30:51<br>1:22 | 35:32<br>4:41                  | 37:55<br>2:23                  | 41:31<br>3:36 | 44:33<br>3:02  | 47:33<br>3:00 | 54:29<br>6:56 | 56:22<br>1:53 |
| 30               | 2129 | Luísa Mateus<br>[070] COC               | 1:10:13 | 5:11<br>5:11<br>58:59<br>3:23         | 19:07<br>13:56<br>1:06:22<br>7:23     | 21:28<br>2:21<br>1:07:44<br>1:22       | 25:42<br>4:14<br>1:08:32<br>0:48       | 30:43<br>5:01<br>1:09:39<br>1:07       | 34:09<br>3:26<br>1:10:13<br>0:34       | 35:09<br>1:00 | 39:36<br>4:27                  | 41:22<br>1:46                  | 44:26<br>3:04 | 47:34<br>3:08  | 49:45<br>2:11 | 54:09<br>4:24 | 55:36<br>1:27 |
| 31               | 2849 | Alexandra Coelho<br>[052] GD4C          | 1:10:29 | 6:11<br>6:11<br>1:00:46<br>4:13       | 12:55<br>6:44<br>1:06:40<br>5:54      | 14:40<br>1:45<br>1:08:10<br>1:30       | 18:52<br>4:12<br>1:08:55<br>0:45       | 27:36<br>8:44<br>1:10:01<br>1:06       | 35:02<br>7:26<br>1:10:29<br>0:28       | 36:12<br>1:10 | 41:29<br>5:17                  | 43:06<br>1:37                  | 46:14<br>3:08 | 49:19<br>3:05  | 51:33<br>2:14 | 54:49<br>3:16 | 56:33<br>1:44 |

| Pl               | tno  | Name                                 | Time    |                         |                           |                          |                          |                          |                          |                           |                        |                       |                         |                        |                         |                         |                         |                         |
|------------------|------|--------------------------------------|---------|-------------------------|---------------------------|--------------------------|--------------------------|--------------------------|--------------------------|---------------------------|------------------------|-----------------------|-------------------------|------------------------|-------------------------|-------------------------|-------------------------|-------------------------|
| Final A Fem (49) |      |                                      |         | 0,0 km 250 m            |                           |                          | 19 C                     |                          | (cont.)                  |                           |                        |                       |                         |                        |                         |                         |                         |                         |
|                  |      |                                      |         | 1(55)<br>15(125)        | 2(139)<br>16(144)         | 3(141)<br>17(130)        | 4(138)<br>18(116)        | 5(121)<br>19(200)        | 6(128)<br>Finish         | 7(115)                    | 8(108)                 | 9(153)                | 10(117)                 | 11(123)                | 12(120)                 | 13(114)                 | 14(112)                 |                         |
| 32               | 5850 | Zélia Viana<br>[102].COM             | 1:10:52 | 5:39<br>5:39<br>1:01:04 | 21:14<br>15:35<br>1:06:41 | 22:51<br>1:37<br>1:08:21 | 26:40<br>3:49<br>1:09:07 | 30:37<br>3:57<br>1:10:23 | 34:14<br>3:37<br>1:10:52 | 35:34<br>1:20             | 40:07<br>4:33          | 41:59<br>1:52         | 45:05<br>3:06           | 49:01<br>3:56          | 51:27<br>2:26           | 54:21<br>2:54           | 56:19<br>1:58           |                         |
| 33               | 1346 | Fátima Saraiva<br>[168].CAB          | 1:10:56 | 4:45<br>4:59<br>1:02:56 | 5:37<br>11:15<br>1:06:55  | 1:40<br>20:42<br>1:08:39 | 0:46<br>24:45<br>1:09:29 | 1:16<br>29:00<br>1:10:28 | 0:29<br>32:30<br>1:10:56 | 33:52<br>1:22             | 40:09<br>6:17          | 41:56<br>1:47         | 44:58<br>3:02           | 48:11<br>3:13          | 51:42<br>3:31           | 57:27<br>5:45           | 59:35<br>2:08           |                         |
| 34               | 4333 | Sónia Silva<br>[139].GDE             | 1:12:11 | 3:21<br>5:35<br>5:35    | 3:59<br>24:22<br>18:47    | 1:44<br>25:57<br>1:35    | 0:50<br>29:53<br>3:56    | 0:59<br>33:45<br>3:52    | 0:28<br>37:12<br>3:27    | 38:37<br>1:25             | 42:56<br>4:19          | 44:46<br>1:50         | 48:51<br>4:05           | 51:59<br>3:08          | 54:33<br>2:34           | 1:00:17<br>5:44         | 1:01:37<br>1:20         |                         |
| 35               | 5388 | Susana Almeida<br>[056].Natura       | 1:12:16 | 2:59<br>4:13<br>4:13    | 3:26<br>9:42<br>5:29      | 1:42<br>13:38<br>3:56    | 0:45<br>20:11<br>6:33    | 1:03<br>24:28<br>4:17    | 0:39<br>28:11<br>3:43    | 29:26<br>1:15             | 43:40<br>14:14         | 44:53<br>1:13         | 48:34<br>3:41           | 52:02<br>3:28          | 55:16<br>3:14           | 59:07<br>3:51           | 1:00:55<br>1:48         |                         |
| 36               | 5696 | Ana Casaca<br>[133].GDU Azoia        | 1:12:47 | 3:12<br>5:28<br>5:28    | 3:58<br>14:46<br>9:18     | 2:08<br>24:00<br>9:14    | 0:45<br>30:02<br>6:02    | 0:52<br>34:22<br>4:20    | 0:26<br>38:39<br>4:17    | 40:10<br>1:31             | 44:54<br>4:44          | 46:43<br>1:49         | 49:33<br>2:50           | 52:46<br>3:13          | 56:11<br>3:25           | 1:00:09<br>3:58         | 1:01:34<br>1:25         |                         |
| 37               | 6402 | Nadine Silva<br>[052].GD4C           | 1:13:02 | 3:47<br>7:08<br>7:08    | 3:59<br>18:16<br>11:08    | 1:29<br>19:56<br>1:40    | 0:42<br>24:59<br>5:03    | 0:52<br>31:30<br>6:31    | 0:24<br>36:33<br>5:03    | 37:45<br>1:12             | 42:57<br>5:12          | 44:56<br>1:59         | 47:57<br>3:01           | 51:46<br>3:49          | 54:18<br>2:32           | 58:12<br>3:54           | 1:00:12<br>2:00         |                         |
| 38               | 6329 | Maria Dias<br>[102].COM              | 1:17:00 | 3:35<br>6:20<br>6:20    | 5:24<br>13:43<br>7:23     | 1:32<br>16:16<br>2:33    | 0:49<br>21:27<br>5:11    | 1:06<br>26:02<br>4:35    | 0:24<br>30:39<br>4:37    | 32:35<br>1:56             | 38:24<br>5:49          | 40:39<br>2:15         | 46:18<br>5:39           | 50:16<br>3:58          | 53:30<br>3:14           | 58:57<br>5:27           | 1:00:54<br>1:57         |                         |
| 39               | 1524 | Helena Lopes<br>[1000].Individual PO | 1:18:07 | 4:03<br>5:23<br>5:23    | 7:37<br>21:11<br>15:48    | 1:48<br>23:06<br>1:55    | 0:46<br>28:57<br>5:51    | 1:16<br>33:26<br>4:29    | 0:36<br>40:44<br>7:18    | 42:07<br>1:23             | 47:56<br>5:49          | 51:40<br>3:44         | 54:38<br>2:58           | 58:19<br>3:41          | 1:00:25<br>2:06         | 1:03:25<br>3:00         | 1:05:24<br>1:59         |                         |
| 40               | 6456 | Dulce Fernandes<br>[052].GD4C        | 1:20:06 | 3:23<br>6:21<br>6:21    | 5:32<br>13:49<br>7:28     | 1:21<br>15:59<br>2:10    | 0:46<br>20:28<br>4:29    | 1:08<br>26:49<br>6:21    | 0:33<br>31:58<br>5:09    | 33:40<br>1:42             | 40:23<br>6:43          | 43:25<br>3:02         | 47:27<br>4:02           | 52:07<br>4:40          | 54:41<br>2:34           | 1:00:39<br>5:58         | 1:03:37<br>2:58         |                         |
| 41               | 4375 | Joana Moutela<br>[007].Ori-Estarreja | 1:23:21 | 5:26<br>11:47<br>11:47  | 6:31<br>22:16<br>10:29    | 2:22<br>30:37<br>8:21    | 0:48<br>36:29<br>5:52    | 0:53<br>40:38<br>4:09    | 0:29<br>45:28<br>4:50    | 46:30<br>1:02             | 50:29<br>3:59          | 52:32<br>2:03         | 57:41<br>5:09           | 1:04:42<br>7:01        | 1:06:28<br>1:46         | 1:11:09<br>4:41         | 1:12:38<br>1:29         |                         |
| 42               | 4454 | Helena Xavier Bapti<br>[052].GD4C    | 1:25:22 | 3:22<br>21:52<br>21:52  | 3:41<br>27:50<br>5:58     | 1:30<br>29:44<br>1:54    | 0:41<br>34:19<br>4:35    | 0:57<br>39:13<br>4:54    | 0:32<br>44:48<br>5:35    | 46:06<br>1:18             | 51:37<br>5:31          | 54:26<br>2:49         | 59:06<br>4:40           | 1:02:57<br>3:51        | 1:05:26<br>2:29         | 1:09:44<br>4:18         | 1:11:45<br>2:01         |                         |
| 43               | 6400 | Daniela Faria<br>[052].GD4C          | 1:26:01 | 3:48<br>8:36<br>8:36    | 5:32<br>19:44<br>11:08    | 1:39<br>22:03<br>2:19    | 0:58<br>26:30<br>4:27    | 1:15<br>32:53<br>6:23    | 0:25<br>38:00<br>5:07    | 39:39<br>1:39             | 46:27<br>6:48          | 49:29<br>3:02         | 53:23<br>3:54           | 58:05<br>4:42          | 1:00:38<br>2:33         | 1:06:36<br>5:58         | 1:09:39<br>3:03         |                         |
| 44               | 5727 | Cristiana Maranhão<br>[070].COC      | 1:39:54 | 5:26<br>6:52<br>6:52    | 6:32<br>21:01<br>14:09    | 2:21<br>23:58<br>2:57    | 0:43<br>28:06<br>4:08    | 0:53<br>51:47<br>23:41   | 0:27<br>56:06<br>4:19    | 58:04<br>1:58             | 1:09:46<br>11:42       | 1:11:29<br>1:43       | 1:14:47<br>3:18         | 1:19:40<br>4:53        | 1:22:03<br>2:23         | 1:25:28<br>3:25         | 1:26:55<br>1:27         |                         |
| 45               | 2411 | Jerónima Rocha<br>[052].GD4C         | 1:47:49 | 6:16<br>6:16            | 27:02<br>20:46            | 29:08<br>2:06            | 34:22<br>5:14            | 41:03<br>6:41            | 45:42<br>4:39            | 48:29<br>2:47             | 56:09<br>7:40          | 59:18<br>3:09         | 1:05:03<br>5:45         | 1:10:16<br>5:13        | 1:15:55<br>5:39         | 1:25:33<br>9:38         | 1:28:10<br>2:37         |                         |
|                  | 6246 | Ana Jorge<br>[007].Ori-Estarreja     | mp      | 4:41<br>4:41<br>57:03   | 9:46<br>5:05<br>1:03:24   | 11:44<br>1:58<br>1:04:40 | 15:28<br>3:44<br>1:05:25 | 19:13<br>3:45<br>1:06:21 | 25:58<br>6:45<br>1:06:42 | 27:16<br>1:18             | 31:47<br>4:31          | 33:36<br>1:49         | 38:50<br>5:14           | 45:16<br>6:26          | 48:28<br>3:12           | 51:42<br>3:14           | -----                   |                         |
|                  | 6467 | Rita Nunes<br>[005].CP Armada        | dnf     | 5:21<br>-----<br>-----  | 6:21<br>-----<br>-----    | 1:16<br>-----<br>1:00:36 | 0:45<br>-----<br>2:28    | 0:56<br>-----<br>1:03:33 | 0:21<br>58:08<br>1:04:01 | -----<br>58:08<br>1:04:01 | -----<br>-----<br>8:18 | -----<br>-----<br>*95 | -----<br>-----<br>16:58 | -----<br>-----<br>*118 | -----<br>-----<br>27:20 | -----<br>-----<br>35:07 | -----<br>-----<br>40:39 | -----<br>-----<br>43:46 |
|                  | 4327 | Sónia Saramago<br>[115].ATV          | dnf     | 49:58<br>*125           | 55:39<br>*122             | 1:02:13<br>*124          | -----<br>-----           | -----<br>-----           | -----<br>-----           | -----<br>-----            | -----<br>-----         | -----<br>-----        | -----<br>-----          | -----<br>-----         | -----<br>-----          | -----<br>-----          | -----<br>-----          |                         |
|                  | 2282 | Carla Saraiva<br>[007].Ori-Estarreja | dnf     | 4:09<br>4:09            | -----<br>-----            | -----<br>-----           | -----<br>-----           | -----<br>-----           | -----<br>-----           | -----<br>-----            | -----<br>-----         | -----<br>-----        | -----<br>-----          | -----<br>-----         | -----<br>-----          | -----<br>-----          | -----<br>-----          |                         |