

Pl	Stno	Posto	Name	Club	S1	S2	Total
Formação (3)							
1	7654	FR	Sofia Dias	[052] GD4C	37:14 261.9	3 24:49 1000.0	1 1261.9
2	7169	FR	Margarida Contente	[114] COA	9:45 1000.0	1	1000.0
3	7170	FR	Francisca Contente	[114] COA	10:31 927.1	2	927.1
Seniores M (3)							
1	3555	FR	Filipe Dias	[052] GD4C	15:46 1000.0	1 15:49 971.5	2 1971.5
2	3450	FR	César Almeida	[128] COALA	16:14 971.3	2 15:22 1000.0	1 1971.3
3	6658	FR	Bernardo Contente	[114] COA	17:09 919.3	3 16:06 954.5	3 1873.8
Seniores F (3)							
1	3157	FR	Liliana Oliveira Dias	[052] GD4C	16:44 989.0	2 15:16 1000.0	1 1989.0
2	7265	FR	Tatiana Melnikova	[107] CAOS	16:33 1000.0	1 16:23 931.8	2 1931.8
3	6293	FR	Ana Patricia	[114] COA	36:11 457.4	3	457.4
Veteranos M I (5)							
1	7056	FR	João Esteves	[094] CPOC	14:25 1000.0	1 12:12 1000.0	1 2000.0
2	2588	FR	José Domingos	[094] CPOC	15:05 955.8	2 12:58 940.9	2 1896.7
3	3001	FR	Luis Silva Reis	[1564] Individual POR	16:19 883.6	3 13:18 917.3	3 1800.9
4	4147	FR	Sérgio Contente	[114] COA	17:17 834.1	4 13:40 892.7	4 1726.8
5	1349	FR	Narciso Santos	[107] CAOS	mp 0.0	14:24 847.2	5 847.2
Veteranos F I (2)							
1	6680	FR	Tânia Agostinho	[107] CAOS	20:14 1000.0	1 16:17 1000.0	1 2000.0
2	7674	FR	Adélia Santos	[107] CAOS	26:34 761.6	2 mp 0.0	761.6
Veteranos M II (10)							
1	1202	FR	Paulo Mosca	[005] CP Armada	16:36 1000.0	1 15:26 967.6	2 1967.6
2	2099	FR	José Bernardo	[070] COC	17:33 945.9	3 14:56 1000.0	1 1945.9
3	3850	FR	Paulo Ferreira	[005] CP Armada	17:18 959.5	2 15:44 949.2	3 1908.7
4	4656	FR	José Bolrão	[070] COC	18:10 913.8	4 16:38 897.8	4 1811.6
5	4635	FR	Sérgio Mónica	[128] COALA	18:40 889.3	5 17:12 868.2	5 1757.5
6	1851	FR	Escada da Costa	[128] COALA	21:47 762.1	6 20:33 726.7	9 1488.8
7	2098	FR	Joaquim Oliveira	[052] GD4C	27:05 612.9	8 17:23 859.1	7 1472.0
8	1905	FR	Vitor Rodrigues	[094] CPOC	24:58 664.9	7 19:12 777.8	8 1442.7
9	1375	FR	Jorge Elias	[114] COA	30:54 537.2	9 24:42 604.6	10 1141.8
10	2533	FR	Arménio Mendes	[094] CPOC	mp 0.0	17:17 864.0	6 864.0
Veteranos F II (3)							
1	2849	FR	Alexandra Coelho	[052] GD4C	17:43 1000.0	1 17:31 1000.0	1 2000.0
2	5251	FR	Sandra Florentino	[107] CAOS	31:05 570.0	3 19:05 917.9	2 1487.9
3	6479	FR	Fátima Emauz	[206] Palmela Desporto	31:03 570.6	2 22:05 793.2	3 1363.8
Veteranos M III (1)							
1	3128	FR	Manuel Martins	[005] CP Armada	31:44 1000.0	1 26:49 1000.0	1 2000.0

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Amarelo (3)							
1	90004	NF	André Jorge dos Pagaime	[14385] GDPCD	51:53 1000.0	1 22:32 880.9	2 1880.9
2	90005	NF	Francisco Coelho	[1564] Individual POR		19:51 1000.0	1 1000.0
3	90006	NF	Olga + Lis .	[1564] Individual POR		mp 0.0	0.0
Vermelho (2)							
1	90000	NF	David Marques Leal	[1564] Individual POR	23:35 1000.0	1 18:42 1000.0	1 2000.0
2	90001	NF	José Simões	[1564] Individual POR	33:45 698.8	2 28:37 653.5	2 1352.3