

Pl	tno	Name	B	Club	Time
Final A Masc (45)			0,0 km 290 m 22 C		
1	2818	Tiago Romão	89	[073] CMo Funchal	33:13
2	1111	Pedro Nogueira	82	[090] ADFA	39:02
3	1888	Diogo Miguel	89	[007] Ori-Estarreja	39:56
4	5287	João Novo	97	[102] .COM	40:20
5	4103	Rafael Miguel	93	[007] Ori-Estarreja	42:10
6	1874	Tiago Martins Aires	82	[073] CMo Funchal	42:23
7	1963	João Ferreira	89	[168] CAB	42:25
8	1936	Celso Moiteiro	81	[070] COC	43:08
9	1132	Paulo Franco	81	[070] COC	44:55
10	5737	Vasco Mendes	02	[133] GDU Azoia	45:30
11	2668	Gildo Silva	85	[070] COC	46:17
12	4285	Jorge Correia	70	[090] ADFA	46:26
12	2547	André Ramos	86	[070] COC	46:26
14	1811	Luis Leite	76	[052] GD4C	47:23
15	6041	Tiago Lampreia	01	[090] ADFA	47:56
16	2593	Vítor Delgado	67	[052] GD4C	49:48
17	3167	Nuno Evangelista	80	[114] COA	50:19
18	3785	Nelson Baroca	80	[062] CA Madeira	50:35
19	3954	Goncalo Pirrolas	96	[090] ADFA	51:22
20	3602	Luis Barreiro	82	[054] NADA	51:39
21	1682	Santos Sousa	64	[090] ADFA	51:58
22	4773	Rafael Ramos	93	[007] Ori-Estarreja	52:27
23	5074	Rodrigo Oliveira	02	[070] COC	52:50
24	2816	Jorge Fortunato	89	[007] Ori-Estarreja	53:06
25	3915	Nuno Ferreira	78	[070] COC	53:47
26	2969	Domingos Martins	89	[052] GD4C	54:04
27	5216	Nuno Santos	96	[090] ADFA	54:15
28	1202	Paulo Mosca	69	[005] CP Armada	54:32
29	1084	Manuel Luís	63	[005] CP Armada	54:50
30	6040	Diogo Lampreia	01	[090] ADFA	55:31
31	3593	Jose Pereira	78	[005] CP Armada	56:22
32	5279	Bernardo Pereira	97	[090] ADFA	56:43
33	2562	Nuno Pedro	79	[107] CAOS	56:52
34	2150	Xavier Vieira	69	[1000] Individual POR Fe	57:09
35	1093	Jorge Baltazar	66	[133] GDU Azoia	58:45
36	1583	Jorge Oliveira	69	[070] COC	59:33
37	3633	Marco Martins	94	[022] CLAC	1:00:33
38	2092	António Olival	72	[062] CA Madeira	1:00:44
39	5316	João Real	84	[159] COAAL	1:01:55
40	1050	Daniel Filipe	78	[007] Ori-Estarreja	1:17:20
	2128	Daniel Marques	84	[070] COC	mp
nc	2728	Miguel Silva		[073] CMo Funchal	49:29
nc	0000	Andreas GROTE	64	[10726] OLC SKOG	51:52
nc	6358	Angel Soto	92	[052] GD4C	52:36
nc	0021	Luis Martínez	87	[2188] ADOL	54:49

Final A Fem (49) 0,0 km 250 m 19 C

1	5533	Beatriz Sanguino	98	[094] CPOC	36:16
2	4909	Sara Roberto	99	[070] COC	44:46
3	3315	Adelindina Lopes	74	[070] COC	45:12
4	4112	Inês Pinto	92	[052] GD4C	46:44
5	3799	Tânia Covas Costa	78	[102] .COM	49:56
6	4142	Rita Rodrigues	93	[073] CMo Funchal	51:32

Pl	tno	Name	B	Club	Time
Final A Fem (49)			0,0 km	250 m	19 C (cont.)
7	3060	Patricia Casalinho	87	[070] COC	51:50
8	5138	Joana Marques	98	[007] Ori-Estarreja	52:53
9	3519	Maria Sá	77	[090] ADFA	53:04
10	6447	Matilde Ribeiro	02	[094] CPOC	54:36
11	5879	Joana Catarino	02	[022] CLAC	54:38
12	5745	Luísa Pinheiro	96	[102] .COM	56:59
13	2582	Anabela Vieito	67	[070] COC	57:46
14	1006	Cristina Santos	68	[151] GafanhOri	58:29
15	5506	Verónica Fradique	97	[052] GD4C	58:50
16	2587	Sandra Rodrigues	78	[090] ADFA	59:07
17	2022	Paula Serra Campos	68	[102] .COM	59:15
18	6046	Ana Pacheco	03	[102] .COM	1:00:16
19	5659	Raquel Henriques	00	[094] CPOC	1:00:43
20	3134	Manuela Nogueira	69	[007] Ori-Estarreja	1:03:52
21	1693	Lídia Santana	72		1:04:02
22	5166	Beatriz Esteves	00	[070] COC	1:04:04
23	2503	Susana Pontes	71	[070] COC	1:05:37
24	5657	Mafalda Moreira	00	[094] CPOC	1:06:05
25	3467	Helena Sousa	67	[119] OriMarão	1:06:49
26	1952	Isabel Monteiro	58	[070] COC	1:07:13
27	6177	Maria do Mar	02	[090] ADFA	1:07:15
28	5296	Cátia Marques	77	[070] COC	1:07:29
29	5811	Ana Nunes	01	[094] CPOC	1:09:00
30	2129	Luísa Mateus	58	[070] COC	1:10:13
31	2849	Alexandra Coelho	68	[052] GD4C	1:10:29
32	5850	Zélia Viana	83	[102] .COM	1:10:52
33	1346	Fátima Saraiva	77	[168] CAB	1:10:56
34	4333	Sónia Silva	75	[139] GDE	1:12:11
35	5388	Susana Almeida	93	[056] Natura	1:12:16
36	5696	Ana Casaca	76	[133] GDU Azoia	1:12:47
37	6402	Nadine Silva	03	[052] GD4C	1:13:02
38	6329	Maria Dias	99	[102] .COM	1:17:00
39	1524	Helena Lopes	58	[1000] Individual POR Fe	1:18:07
40	6456	Dulce Fernandes	01	[052] GD4C	1:20:06
41	4375	Joana Moutela	81	[007] Ori-Estarreja	1:23:21
42	4454	Helena Xavier Baptista	96	[052] GD4C	1:25:22
43	6400	Daniela Faria	03	[052] GD4C	1:26:01
44	5727	Cristiana Maranhão	88	[070] COC	1:39:54
45	2411	Jerónima Rocha	60	[052] GD4C	1:47:49
	6246	Ana Jorge	99	[007] Ori-Estarreja	mp
	6467	Rita Nunes	76	[005] CP Armada	dnf
	4327	Sónia Saramago	73	[115] ATV	dnf
	2282	Carla Saraiva	89	[007] Ori-Estarreja	dnf